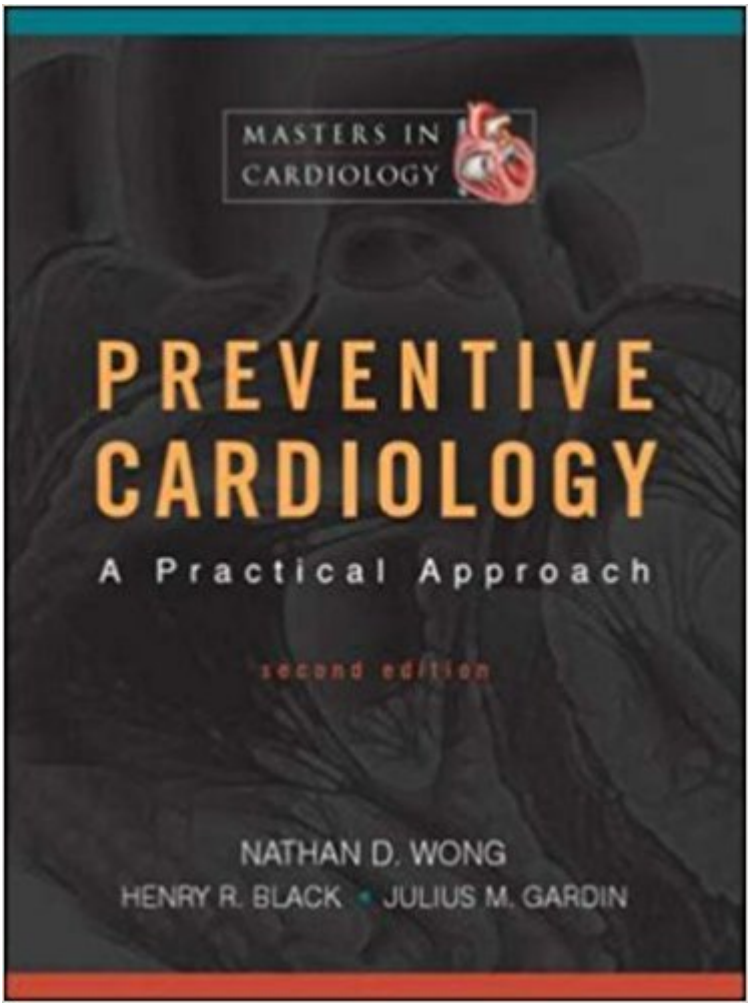
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Preventive Cardiology: A Practical Approach, Second Edition (Masters In Cardiology)



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Synopsis

PREVENTIVE CARDIOLOGY is the premier source of clinically relevant information on the prevention of coronary heart disease. Thoroughly updated by international experts, the book discusses screening, risk factors, prevention in special populations, and primary and secondary prevention in the context of the daily practice of medicine. PREVENTIVE CARDIOLOGY is a "must have" for cardiologists and primary care physicians. Review of the first edition: "Excellent...Structured in a way that invites the reader to use it as a comprehensive reference...The combination of theory and guidelines with a practical approach to the patient at risk for cardiovascular diseases is a strength." The New England Journal of Medicine

Book Information

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"Preventive Cardiology is a comprehensive overview of current knowledge or primary and secondary prevention in coronary heart disease as well as cerebrovascular and peripheral artery disease."A strength of the book is the combination of theory and guidelines with a practical approach to the patient at risk for cardiovascular disease."Preventive Cardiology is an excellent book, which is structured in a way that invites the reader to use it as a comprehensive reference for a particular topic as well as a survey of current principles in cardiovascular prevention."

"An excellent book ... a strength of the book is the combination of theory and guidelines with a

practical approach to the patient at risk for cardiovascular disease... provides a wealth of information on practical risk assessment." Ã¢â ¬â •New England Journal of Medicine, of the first edition ***** "Superlative wealth of usable information ... I borrowed Preventive Cardiology from the library, and after reading through it, I decided to purchase it! ... Well written, easy to read, and a great reference tool for all health care providers." Ã¢â ¬â •Online review, of the first edition This practical reference blends a readable summary of the vast literature on cardiovascular disease epidemiology with clear, evidence-based, patient-oriented strategies for screening, identifying, and controlling cardiovascular risks. Inside you'll find: *The latest on trends in cardiovascular disease, older and newer risk factors, and strategies for the prevention of heart disease *New chapter on effective naturoceutical and other complementary treatments *Evidence-based protocols for screening, identifying, and controlling risk factors for heart disease *Strategies for smoking cessation, family history evaluation, obesity and weight control, and hypertension management *What the evidence shows, and what can be recommended, regarding lifestyle management, including nutritional, physical activity, and behavioral approaches *Noninvasive procedures for measuring subclinical disease *Heart disease prevention tactics for children, women, and the elderly *Risk management tailored for special populations, from Native Americans to East Asians *Practical questionnaires, therapeutic algorithmsÃ¢â ¬â •even cooking plans *An abundance of easy-to-use charts and graphs that effectively summarize key information for quick and easy reference About the MASTERS IN CARDIOLOGY Series: Featuring the insights of the worldÃ¢â ¬â„¢s leading authorities, the MASTERS IN CARDIOLOGY series is especially designed to tackle many of the cutting-edge topics encountered in daily practice. Each title features a depth of coverage and practical emphasis on diagnosis and management that you will not find in general cardiology textbooks. Future volumes in the series will include Heart Failure, Diabetes, Valvular Heart Disease, and more.

This book is an excellent guide if you are in the field of public health and especially in Epidemiology.The book is used as the assigned text book in most graduate level classes.It's a good book to buy.

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